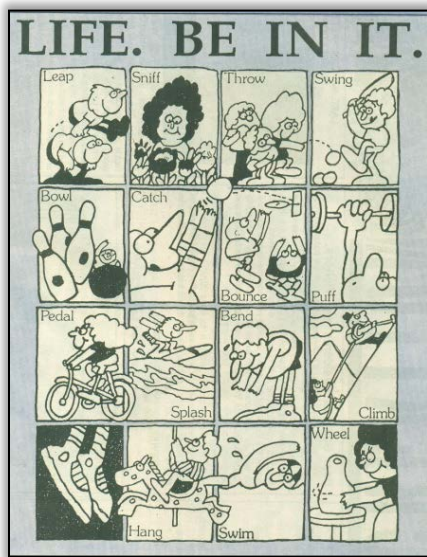




SUMMER 2015 PARKS AND RECREATION ACTIVITIES

<http://www.sapulpaparks.org> 918-227-5151



Leap into Summer. *Sniff the Flowers.* Swing a Golf Club. Throw a Frisbee. Catch a Summer Breeze. Bowl a Game. Bounce a Ball. Pedal a Bike. Bend Your Knees. **LOOK UP.** Visit Liberty Park's Splash Pad. Get Outside and Play Every Day. **TAKE SOMEONE FISHING TODAY.** Walk a Trail. *Paint a Picture, Smile.* Enroll in a Swimming Class at the Aquatic Center.



Rent a Parks & Recreation Facility Today! Park Picnic Shelters, BTW Recreation Center, Sapulpa Senior Citizens Community Center, Sapulpa Family Aquatics Center (Birthday Parties, After Hour Parties).



"Take me fishing, 'cause it's cooler than any video game!"

Catfish Season is Happening Now at Pretty Water Lake. Get Your Permit Today.

[Here are a few reasons why you should get out on the water:](#)

- Boating is ranked as one of the top 3 of all stress-relieving activities.
- Connect with Nature: 90% of Americans live within an hour of navigable water.
- Help Conserve: The funds from your fishing licenses and boat registrations go towards the conservation of our natural aquatic areas.



Interested in **Camping** out close to home? Call Sahoma Lake at 227-1534 for details. RV and Tent Sites available.

Father's Day Gift-Making Workshop: Create a special leatherworks gift project with your own two hands this 2015 Father's Day that Dad will always remember and cherish! Friday, June 19. 11am-1:00pm. BTW Recreation Center. \$5/ for supplies. Includes Lunch (Hot dog and drink). Must Call 224-5770 to Enroll.

2015 Annual Youth Fishing Tournament: Starts at 8:00am. And runs until Noon. Saturday, June 6th at Lake Sahoma. Call Sapulpa Parks for details at 227-1534 or 224-5770. FREE. Lunch Provided.

Kids X-Box 360 & Playstation 3 Tournaments: The fun starts June 12th and runs until July 10th. Play popular video games and post your best **score**. **June 12th, 19th, and 26th, and July 10th. BTW Recreation Center. FREE. Call 224-5770 for more info. Prizes.**

2015 Liberty Festival: Saturday, July 11th. Sapulpa Parks presents a Community Picnic at Liberty Park on Fun starts at 8:00 am and lasts until 3 pm. Join us for an old-fashioned, fun-filled day celebrating National "July is Parks and Recreation" Month. Everyone is invited.

Festival Activities:

- 8:00 am – Youth Triathlon. Run. Swim. Bike.
- 10:00am - Horseshoe Pitching Tournament for adults.
- 10:00 am to 12:00 - Kids Art Zone. A variety of fun art projects; Button-Making, Face Painting, Crafts.
- Jupiter Jump – 9:00 - Noon

Weight Training & Fitness: Free Weights, Benches, Machines, Treadmills, Recumbent Bikes. Cost: \$10/month or \$1/day. **BTW Recreation Center.**

Go Ju Karate: Learn the traditional martial arts discipline and enjoy the many health, fitness and personal benefits your whole life long. Meets every Monday. Beginners: 6:30-7:30p.m. Adv.: 7:30 -8:30p.m. Cost \$25.00/month. Join Anytime. **BTW Recreation Center.**

Adult Co-ed Softball Leagues – Call Doyle Baker at 918-245-5572 for details. Kelly Lane Park.

Tai Chi': Mondays 3:30pm-4:30pm at the Sapulpa Senior Citizens Community Center. Ongoing. Join Anytime. Free.

Line Dancing Lessons: Fridays from 1:00pm-3:00pm at the Sapulpa Senior Citizens Community Center. Ongoing. Join Anytime. Free

Friday Night Live Dances: Held on the 1st and 3rd Friday of every month from 7:00pm to 10:00pm at the Sapulpa Senior Citizens Community Center. Free. Live Music. Donations accepted for the band.

Oil Painting: Ongoing. Tuesdays 5:00pm-8:00pm at the Sapulpa Senior Citizens Community Center. Join Anytime.

Cheerleading Lessons - Learn cheer fundamentals. Meets every Monday. Beginners: 6:30-7:30p.m. Adv.: 7:30 -8:30p.m. Cost \$25.00/month. Join Anytime. BTW Recreation Center.

Senior Citizen's Nutritional Meals – The meals are served daily, Monday through Friday @ 11a.m. @ The Sapulpa Senior Citizens Community Building at 515 E. Dewey. The meals have a suggested donation of \$2.00 a day, per meal, per person. But, before meals are served to the individuals, **they must call at least 1-2 days ahead of time**, to let the Nutrition program know that they will be eating with them. Contact Betty Morton or Shirley Thomas @ (918)-224-3300.

Aqua Zumba: Starts June 16 at the Sapulpa Aquatic Center in Liberty Park. Tuesdays 6:00-7:00pm; Fridays & Saturday 11:00am-12:00noon. \$5.00 per class. Join Anytime.

KenSanity Fitness Class: Held on Saturdays at the BTW Recreation Center gymnasium from 11:00am-1:00pm. \$30 per month. Ken Zachary, Trainer/Instructor.